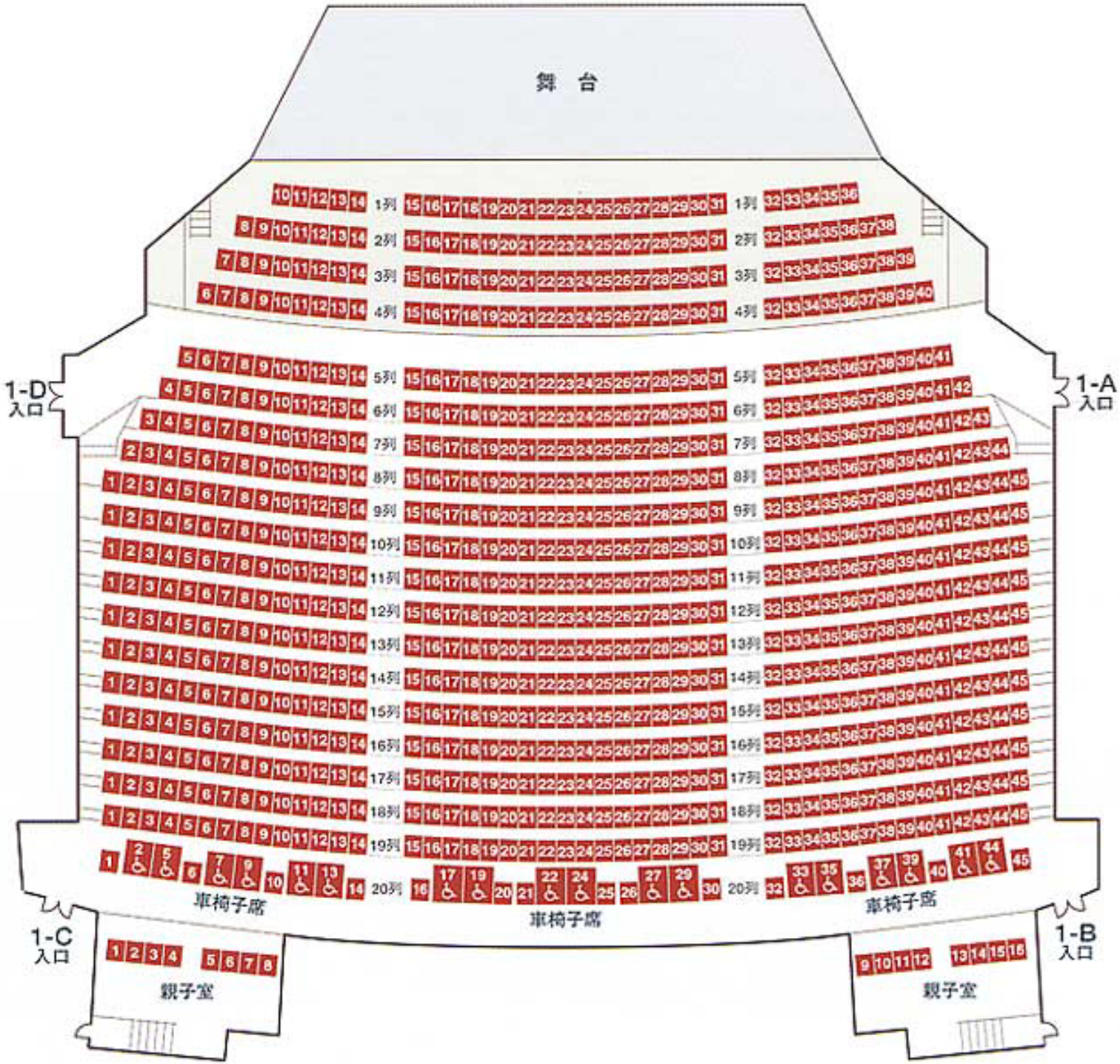１階席